CBI - CONFEDERATION BOULISTE INTERNATIONALE

WORLD CHAMPIONSHIP GARIBALDI, BRAZIL

12-17 October 2026

SAFE TRAVEL, STAY & PARTICIPATION GUIDE

Prepare before travelling. Report changes early. Ask for support when needed.

This leaflet helps athletes, Team Managers, coaches and accompanying persons prevent common travel and stay problems, recognize small deviations early and know who to contact before they become emergencies.

1 PREPARE

Documents, insurance, medicines, emergency contacts.

2 REPORT

Tell your Team Manager when something changes.

3 RESPOND

Use the event contact chain or emergency services.

Participant leaflet + confidential medical/emergency form

BEFORE YOU TRAVEL

Most travel problems are easier to prevent than to solve abroad. Complete these checks before leaving home.

1 TRAVEL DOCUMENTS

Check: passport validity, visa/entry requirements, return travel, accommodation details, travel/medical insurance and electronic copies of essential documents.

2 HEALTH PREPARATION

Travel with enough essential medication for the full journey, plus a reasonable reserve. Keep essential medication in hand baggage where permitted and carry prescriptions/supporting documents when appropriate.

3 TEAM CONTACTS

Save the Team Manager, CBI/LOC and hotel contact details before departure. Tell the Team Manager about any health information that could materially affect emergency assistance.

4 INDIVIDUAL TRAVEL HEALTH

Vaccination or preventive-health needs depend on the traveller and itinerary. Obtain individual travel-health advice before departure rather than relying only on generic event advice.

OFFICIAL INFORMATION - CHECK BEFORE DEPARTURE

Brazil - Ministry of Foreign Affairs

Entry, visa and consular information.

https://www.gov.br/mre/en

ANVISA - Travellers

Brazilian health information for travellers.

https://www.gov.br/anvisa/en/travellers

60-SECOND PRE-DEPARTURE CHECK

- [ ] Passport / entry requirements checked
- [ ] Travel insurance active
- [ ] Emergency contacts saved
- [ ] Essential medicines packed
- [ ] Relevant medical information communicated
- [ ] Hotel and venue details saved

MEDICINES, SUPPLEMENTS & ANTI-DOPING

PERSONAL MEDICINES

- Bring enough regular medicine for the complete trip.
- Keep essential medicine in hand luggage where permitted.
- Prefer original packaging and carry prescriptions/supporting documents where appropriate.
- Do not share prescription medicines between athletes.
- If essential medication is lost or damaged, contact the Team Medical Officer / Team Manager.

ANTI-DOPING RESPONSIBILITY

A medicine can be legal and medically appropriate but still contain a substance prohibited in sport.

- Check prescription and over-the-counter medicines.
- Check cold/flu products and pain relief medicines.
- Be cautious with supplements and herbal products.
- Ask the Team Medical/Anti-Doping contact when unsure.

ONE SIMPLE RULE

DO NOT TAKE AN UNFAMILIAR MEDICINE OR SUPPLEMENT

just because it has been offered by another athlete or team member.

WADA - 2026 Prohibited List

Official reference for substances and methods prohibited in sport.

https://www.wada-ama.org/en/prohibited-list

ANVISA

Official Brazilian health-regulatory information, including medicines and traveller guidance.

https://www.gov.br/anvisa/en

IF YOU LOSE ESSENTIAL MEDICINE

Do not improvise with an unfamiliar replacement. Inform the Team Manager / Medical Officer, keep the original prescription or medical documentation available, and use authorized local medical/pharmacy support.

DURING TRAVEL & LOCAL STAY

HYDRATION & FOOD

Drink regularly; keep eating habits as normal as practical; report medically significant allergies/intolerances; be cautious with unfamiliar foods immediately before competition.

OUTDOOR EXPOSURE

Use sensible sun and insect protection. Report fever or significant illness promptly. The objective is reasonable prevention, not alarm.

PERSONAL SAFETY

Keep documents and valuables secure, use recommended transport where practical, and tell someone when leaving the hotel or venue independently.

TEAM COMMUNICATION

If something changes - travel, health, medication, safety or logistics - inform the Team Manager early.

SMALL DEVIATIONS - ACT EARLY

Flight delayed / missed connection	Tell Team Manager / LOC as early as possible.
Baggage lost	Report to airline, keep reference number; advise Team Manager if medicines/equipment are involved.
Passport or documents lost	Inform Team Manager and contact the relevant consular service when needed.
Feeling unwell	Report fever, vomiting, diarrhoea, allergic reaction, unusual weakness or symptoms affecting safe participation.
Injury	Stop or modify activity when necessary and request assessment. Do not hide an injury simply to continue competing.
Safety / safeguarding concern	Move to a safe place and contact the Team Manager, CBI/LOC responsible person or emergency services as appropriate.

SOMETHING CHANGED? -> TELL YOUR TEAM MANAGER EARLY

A small problem reported early is usually easier to solve than an emergency reported late.

IF AN EMERGENCY OCCURS

For an immediate emergency in Brazil, use the appropriate public emergency number. Then contact the Team Manager / CBI / LOC as soon as possible.

192	190	193
MEDICAL EMERGENCY / SAMU	MILITARY POLICE	FIRE / RESCUE

WHEN CALLING FOR HELP

1. Identify yourself.
2. Explain what happened.
3. Give the exact location.
4. Say how many people are involved.
5. Follow the instructions given.
6. Inform Team Manager / CBI / LOC as soon as possible.

CHAMPIONSHIP QUICK CONTACTS

CBI Medical / Emergency Manager Name _____ Mobile / WhatsApp _____

CBI Championship Contact Name _____ Mobile / WhatsApp _____

LOC Emergency Contact Name _____ Mobile / WhatsApp _____

Team Manager Name _____ Mobile / WhatsApp _____

Official Hotel / Accommodation _____

Reference Hospital / Medical Facility _____

Municipality of Garibaldi - Useful Telephone Numbers

Local public-service and useful telephone information.

https://www.garibaldi.rs.gov.br/pagina/telefones-uteis

CONFIDENTIAL - FOR MEDICAL / EMERGENCY USE ONLY

Provide only information that could materially help authorized personnel respond to a medical or emergency situation during travel, accommodation or participation in the Championship.

PARTICIPANT

Family name

First name

Date of birth

Nationality

Federation / Team

Mobile / WhatsApp

Preferred language

EMERGENCY CONTACT

Name

Relationship

Telephone / WhatsApp

Alternative contact

MEDICAL INFORMATION RELEVANT TO AN EMERGENCY

Medical condition emergency personnel should know about? YES / NO

Serious allergies

Essential regular medication

Relevant previous medical condition / procedure affecting emergency treatment

Blood group, if reliably known - OPTIONAL

Particular communication assistance needed in an emergency? YES / NO

TRAVEL / MEDICAL INSURANCE

Insurance provider

Policy / Assistance reference

PARTICIPANT ACKNOWLEDGEMENT

I confirm that the information provided is accurate to the best of my knowledge and understand that it is collected to support medical assistance, emergency management and participant safety in connection with the CBI World Championship - Garibaldi 2026. Access should be limited to authorized persons and information retained only as necessary for this purpose and related legitimate obligations.

Participant name _____ Signature _____ Date _____

For a minor, Parent / Legal Guardian _____ Emergency tel. _____